

RETHINK HOW YOU THINK
PART 2: FROM FEAR TO LOVE
April 30, 2017

“Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.” Romans 12:2 (NLT)

WHY DO I FEAR?

“So God created mankind in His own image, in the image of God He created them; male and female He created them.” Genesis 1:27 (NIV)

“The LORD God said, ‘It is not good for the man to be alone. I will make a helper suitable for him.’” Genesis 2:18 (NIV)

“So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, He took one of the man's ribs and then closed up the place with flesh. Then the LORD God made a woman from the rib He had taken out of the man, and He brought her to the man. The man said, ‘This is now bone of my bones and flesh of my flesh; she shall be called ‘woman,’ for she was taken out of man.’ That is why a man leaves his father and mother and is united to his wife, and they become one flesh. Adam and his wife were both naked, and they felt no shame.” Genesis 2:21-25 (NIV)

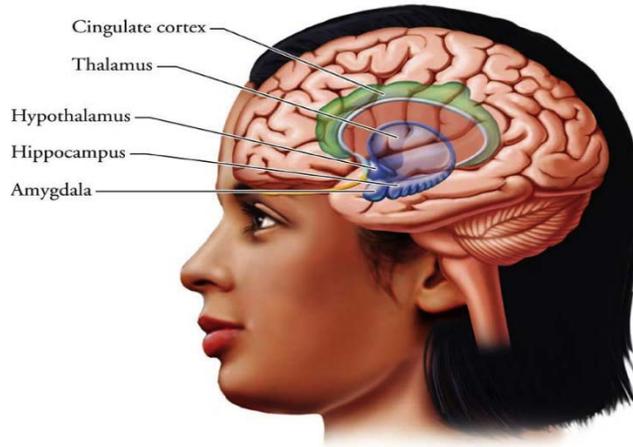
“When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.” Genesis 3:6-7 (NIV)

“Then the man and his wife heard the sound of the LORD God as He was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. But the LORD God called to the man, ‘Where are you?’ He answered, ‘I heard You in the garden, and I was afraid because I was naked; so I hid.’” Genesis 3:8-10 (NIV)

“For all creation is waiting eagerly for that future day when God will reveal who his children really are. Against its will, all creation was subjected to God's curse. But with eager hope, the creation looks forward to the day when it will join God's children in glorious freedom from death and decay. For we know that all creation has been groaning as in the pains of childbirth right up to the present time.” Romans 8:19-22 (NLT)

- _____ is one of the _____ of _____ - _____
_____ sins, _____ sins, and _____
_____. Because I live in a _____, fear
can help _____ me from danger. Fear can also _____
me from doing what I should do.

MY BRAIN AND MY FEAR



A – B – C MODEL

A _____ B _____ C _____

D _____

TRANSFORMING MY FEAR

“God showed how much He loved us by sending His one and only Son into the world so that we might have eternal life through Him ... Dear friends, since God loved us that much, we surely ought to love each other ... All who declare that Jesus is the Son of God have God living in them, and they live in God. We know how much God loves us, and we have put our trust in His love. God is love, and all who live in love live in God, and God lives in them. And as we live in God, our love grows more perfect. So we will not be afraid on the day of judgment, but we can face Him with confidence because we live like Jesus here in this world. Such love has no fear, because perfect love expels all fear ...”

I John 4:9, 11, 15-18 (NLT)

1. _____ **ON GOD’S** _____.

“Don’t be afraid, for I am with you. Don’t be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.”

Isaiah 41:10 (NLT)

2. _____ **IN** _____.

“For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.”

II Timothy 1:7 (NLT)

• **Typically, what I** _____ **, is what I**

_____.