

GOD ON FILM
Part 1: ADRIFT – COPING MECHANISMS
January 28, 2018

“The path of the righteous is like the first gleam of dawn, shining ever brighter till the full light of day.”
Proverbs 4:18 (NIV)

COPING MECHANISMS		
_____ and _____ I engage in to deal		
with _____ situations.		
<u>Bad</u>	<u>Good</u>	<u>Bad/Good</u>

HOW TO COPE WHEN I'M FEELING ADRIFT

“To the Jews who had believed him, Jesus said, “If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.”
John 8:31-32(NIV)

C _____ MY _____.

- Until I see my situation for _____
_____, my coping mechanisms enable me to _____ reality or
_____ dealing with it.

“The heart of the discerning acquires knowledge, for the ears of the wise seek it out.”
Proverbs 18:15 (NIV)

1. _____ for _____.

“Let the wise listen and add to their learning, and let the discerning get guidance” Proverbs 1:5 (NIV)

2. _____ wise _____.

O _____: **WHAT OPTIONS DO I HAVE?**

“For the LORD gives wisdom; from his mouth come knowledge and understanding.”
Proverbs 2:6 (NIV)

1. _____ for _____

“The way of fools seems right to them, but the wise listen to advice.” Proverbs 12:15 (NIV)

2. _____ wise _____

P _____ MY _____.

“Plans succeed through good counsel; don’t go to war without wise advice.”
Proverbs 20:18 (NLT)

E _____ MY _____.

“So, do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” Isaiah 41:10 (NIV)

- **With Christ I can** _____ **with** _____.

“Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.” Hebrews 10:24-25 (NLT)

- **With my Church Family. I can** _____ **in** _____.

MY NEXT STEP THIS WEEK IS ...

- I will identify my coping mechanisms and determine if they are helping me face, avoid or delay dealing with reality.
- I will identify a current reality in my life that I need to COPE with in a God-honoring way.
- I will discover what it means to be a follower of Jesus Christ.
 - Check box on back of Communication Card
- I will sign-up for the Baptism Celebration on July 29th.
 - Check box on back of Communication Card
- I will invite an un-Churched friend to GOD ON FILM.
 - Use the Invite Cards or Popcorn Invite Bags
- I will help share the Good News with the residents of Ward 3 by participating in the Family Movie Night Block Party on Saturday, July 14th.